



We understand that giving medication to your cat can be a challenge!

That's why we've put together the following videos, tips, and links to help make the process as stress-free as possible for you and your feline friend.

There are two main techniques you can use to give your cat medication:

- Hiding the medication in food or treats.
- Administering the medication directly into their mouth.

Different techniques may work for different cats, so try a few to find out what your cat prefers.

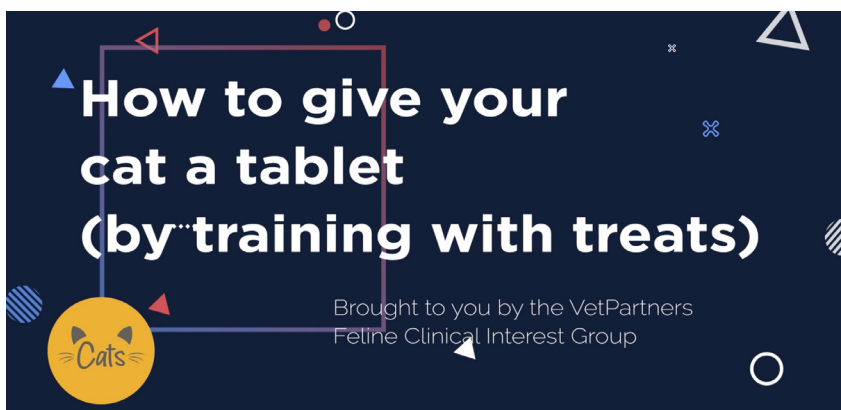
Hiding medication

Hiding medication in food or treats is generally effective if your cat is feeling well enough to eat, as medication is usually safe to be given with food. It can also be less stressful for you and your cat!

Tips for hiding tablets:

- Ensure the medication can be given with food.
- Use strong-smelling food (tuna in spring water or sardines can help).
- Warming food can increase the intensity of the smell.
- Try tasty paste treats.
- The addition of tasty biscuit treats can also help.
- Try treats that have a pocket to hide the medication in.
- You can hide multiple tablets or bitter-tasting medication in gelatine capsules

Here are some videos of our vets and nurses giving tablets to their pets using a hiding technique: Click on the image below to view.



We have also provided a video talking through how you can disguise medication within a treat: Click on the image below to view.



Giving your cat medication directly

Tips for direct administration:

- Some cats are easier to tablet with two people.
- Get everything ready in advance, as some cats will hide when they hear the tablet box being opened.
- Have your cat on a table with a non-slip surface – a bath-towel can work well.
- If you are alone, draping a towel or fleece over your cat's front legs like a bib can prevent scratches.
- Have your cat sitting in front of you looking away from you.
- Hold your cat's head firmly but gently around their cheekbones with your non-dominant hand.
- Tip your cat's head so that they are looking directly up to the ceiling.
- Hold the tablet/capsule between your thumb and index finger of your dominant hand.
- Use the middle finger of your dominant hand to gently pull down your cat's lower jaw.
- Place the medication as far back on your cat's tongue as possible.
- If suitable, encourage your cat to eat after giving the medication or syringe a small amount of water into the mouth to ensure the tablet moves quickly into the stomach.
- Pill-givers are small syringe-like devices that can be used to administer tablets. If you're interested in using one, please speak to one of our team or follow the International Cat Care link below.

Here is a video of how to give a tablet directly into your cat's mouth:

Click on the image below to view.



You can find more information on tableting cats on International Cat Care's website:

<https://icatcare.org/advice/how-to-give-your-cat-a-tablet/>

We appreciate that medicating your cat can be tricky!

Please don't hesitate to get in touch with us if you are having difficulties.